

## **GUGMA SA KABATAAN INC. Summary Report 2016 SUMMER CAMP**

By Iluminada SA. Domingo

Mapawa Nature Park was chosen to be the venue of 2016 Summer Camp. It has a land area of 2,400 hectares. There is so much facilities for the children to enjoy . A total of 39 participants with 34 children and 5 staff have enjoyed the 5 days summer camp on the theme “ Our Bonding Moment”.

They started with an Eco trek walking around and have witnessed the old trees from 100 to 400 hundred year old heritage tree. Because of the trees the area was spared to the horrible Typhoon in December 17, 2011. The awareness to be environmentally friendly was developed i.e not be threat to forest animals like snakes.

There was so much fun in horseback riding and Zip line that help them to trust and overcome fear.

The morning was started with a Chinese meditation Qigong exercise having synergy with the environment. The ability to inhale and exhale helped them to handle emotions.

In a scale of 1-10, almost all children were in the scale of 10 as the highest towards fear, hatred, sadness, and hopelessness to self and family. Irresponsible parenting, illicit relationship with other women, incest rape, and bullying were the primary caused of conflict and unstable emotions. To resolve the issue on conflict that resorted to fear, and other emotions the children have to shield themselves with the memories of family bonding and knowing the BEST of themselves.

Writing a short story is another healthy way on handling emotions. A day workshop was spent for the children to write a story line on their circumstances. Their story is the best story they could write. There were four parts in writing a story a) beginning which describe the character involved, b) narrated the events c) climax describe the turning point of their story from the very crucial situation comes realization and, d) resolution relates to the closure of the story. All the children were able to write their story line.

In the event of calamity and disaster, the children together with their mothers were always prone to be victims. First aid on cardio pulmonary resuscitation, animal bites, burns and fractures were the skills the children acquired in the event of emergency.

Swimming and other games have balanced the structured activities of the children. The obstacle course facility have provided an opportunity for the children to enjoy and having fun to swim, run, hop, play ball, crawl and climb.

Talents Night was an opportunity for the children to present a wrap up of all the things they have learned presenting their own talents. Each group presented dance, drama, hip hop, song to express all the learning during the five day sessions. There was team building, cooperation of every group member to provide an opportunity to learn and bond together.

WE closed the camp with a Bible study and a healing eucharist. The children have expressed in writing their longiness to experience bonding with their families.

Lastly, for and in behalf of the children of Gugma sa Kabataan, Inc. our deepest thanks to all of you.

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Executive director

Erica Kaye Mante  
President, Achievers kids club